

## Section A (Add all scores from this section)

### Hunger | How would you describe your pet's appetite over the past 2–3 days?

- 5 - Normal appetite for usual diet
- 4 - Eats only if food is enhanced with topping
- 3 - Decreased appetite; avoids usual diet
- 2 - Eats treats or tidbits only when coaxed
- 1 - Refuses all food or makes no attempt to eat

### Hurt | Which best describes your pet's signs of pain or discomfort?

- 5 - No signs of pain or discomfort
- 4 - Mild sensitivity; might flinch when touched
- 3 - Whimpers or avoids touch on painful area
- 2 - Protects or licks area; growls when touched
- 1 - Cries, bites, or reacts even before touched

### Hydration | Which best describes your pet's hydration?

- 5 - Normal thirst and appetite
- 4 - Mild issues like vomiting or increased thirst, but eating and drinking normally
- 3 - Decreased appetite or thirst, occasional vomiting or urination changes
- 2 - Dehydrated lethargic (e.g. dry gums, weak)
- 1 - No water for days; sunken eyes, dry mouth

### Hygiene | Which best describes your pet's grooming and bathroom habits?

- 5 - Uses bathroom and grooms normally
- 4 - Occasional accident; grooms mostly normal
- 3 - Misses litter box or soils area; grooms less
- 2 - Frequent accidents; doesn't groom
- 1 - Lies in urine/feces; has sores; no grooming

### Happiness | How interested is your pet in play, people, and daily activities?

- 5 - Alert and playful; enjoys family, surroundings
- 4 - Quiet but engages if encouraged
- 3 - Less playful except for a few favorite games
- 2 - Rarely plays or engages; mostly withdrawn
- 1 - No interest in people, toys, routines; isolates

### Mobility | How easily can your pet move around, stand, or walk?

- 5 - Walks normally, or with minimal discomfort
- 4 - Stiffness or limps, but moves independently
- 3 - Moves slowly or stumbles; may avoid walking
- 2 - Needs effort to move; drags limbs
- 1 - Unable to stand or walk alone; may lie still

### More Good than Bad Days | Does your pet have more good days or bad ones?

- 5 - Most days are typically a good day
- 4 - Mostly good days with 1 or 2 bad moments
- 3 - Mostly good days with many bad moments
- 2 - Good and bad days are equal
- 1 - Mostly bad days with a few good moments
- 0 - Mostly bad days with rare good moments

### Anxiety | Does your pet show signs of fear, confusion, or distress?

- 5 - Behaves normally; calm, confident in routine
- 4 - Mildly restless or vocalizing; some confusion
- 3 - Avoids people; less playful; seems withdrawn
- 2 - Trembles, hides, or reacts strongly to triggers
- 1 - Daily panic; severe fear or confusion

## Section B

### Seizures | Please choose the answer below that best describes your pet's level of seizure activity

- 1.00 - No seizures or fewer than one per month
- 0.95 - 1 or 2 per month; full recovery each time
- 0.90 - 3 to 5 per month; gradual recovery
- 0.50 - Frequent seizures (5+); slow or incomplete recovery; behavior changes
- 0.40 - Frequent seizures (5+); possible injury due to severity; behavioral changes
- 0 - Continuous or severe seizures

## Section C

### Breathing Effort | How difficult does breathing seem for your pet, especially at rest or during mild activity?

- 1.00 - Breathes normally; no distress at rest or during activity
- 0.90 - Mild signs (panting or occasional cough); avoids heavy activity
- 0.75 - Breathing changes interrupt daily activities; tires easily
- 0.40 - Heavy effort to breathe; avoids movement; may show anxiety or blue gums
- 0 - Struggles to breathe even when resting; may lay stretched out with labored breaths

### Calculate QOL Score

<input type="text"/>	X	<input type="text"/>	X	<input type="text"/>
Section A		Section B		Section C
= QOL Score: <input type="text"/>				

## Your Pet's Quality of Life Score

Add your scores for each of the eight questions in Section A, and then multiply that total by your score in Section B. Then multiply that result by your score in Section C to get your final score

Total Score	What it May Suggest
37-45	Your pet likely has a good quality of life. Keep monitoring and supporting their comfort with love and routine care.
28-36	Your pet may be showing some signs of decline. A conversation with a veterinarian could help explore supportive options.
19-27	There are noticeable areas of concern. It may be time to consider palliative care or a full quality-of-life consultation.
Below 19	Your pet may be experiencing significant discomfort. Please reach out to your veterinarian to discuss compassionate next steps.

### This is a reflection, not a diagnosis.

This guide is designed to help you assess your pet's well-being. Every pet is unique, and your instincts matter. If you're unsure about next steps, we're here to support you. Please note: this Quality of Life survey is designed primarily for dogs.

Scan to take the full Quality of life assessment online



See personalized results and get support from a licensed vet. We're here to help.



*We're here for you.*

CodaPet provides in-home veterinary care with same-day availability in most areas. Our goal is to support both you and your pet, every step of the way.

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## Pet's Quality Of Life Questionnaire

A thoughtful Quality of Life checklist to guide you in making compassionate choices.

