"Pipe feeders" are a type of slow feeder/enrichment, they are made with a PVC pipe capped at both ends, with holes drilled throughout large enough for kibble to come out when they are shaken/rolled around. You can use these in place of bowls for meals, or with some treats!

Paper towel tubes can be capped with peanut butter or wet food, and then filled with dry food, then capped on the other end. To make this treat a little more difficult you can freeze it! You can also moisten the dry food so that it freezes as well. You can also put food in paper bags! It's ok if your foster dog eats a paper bag or paper towel tube, just not "too" many of them! These are great for dogs that destroy and try to ingest toys.

"Pupsicles" are another way to use food as enrichment. Fill a plastic cup with a meal, then add water and freeze for a delicious treat.

Slow feeders can sometimes be provided by AHS, or you can DIY one by using a muffin tin (right side up or upside down) or even a 'no tip' style of bowl turned upside down.

You can make a "snuffle mat" for the dog by using a shag-style carpet, or googling how to make them. Scatter food through the fabric so your foster can root around the carpet to eat the pieces!

You can hide treats inside tissue boxes (with the plastic removed). Once your foster has figured out how to get to those treats easily, you can put pieces of a brown paper bag in the box as well. This makes it a little harder! Scent-work can be fun too! You can start by teaching your foster dog "find it". Using high-value treats like pieces of hot dog, cooked meat like chicken (with no spices/oils) can help make this a more fun and rewarding game for your foster (just not too many)! Start with a treat in one hand and rewarding your foster dog for smelling, then pawing at that hand. Once they learn that begin hiding treats around the house or in a box!

"Sniff-centered" walks are a great way for your foster dog to use their brain, take a more leisurely walk with the intention of allowing your foster dog to smell everything they would like (that is safe, of course). High traffic areas like parking lots and public parks can be great for this if your foster is comfortable in those situations!

Play the "name game"- reward with a treat for your foster animal responding to their name.

Teach simple tricks! Dogs sitting, laying down, shake and stay all help make them more personable to potential adopters. Some other fun tricks to teach can be spin and roll over!

Don’t forget to start small, and with short training sessions while keeping it positive! If you need any help, instructions, or more ideas, just let the foster department know.

14 Forever Friend Lane, Asheville, NC 28806 I 828.761.2001 I www.ashevillehumane.org